

# Information Security Policy Compliance Systematic Literature Review

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# Information Security Policy Compliance: Systematic Literature Review

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## Abstract

The growth of research in information technology security has enlarged in recent years. Investigations in Information security besides discussing technical problems but also consider policies, behavior and user compliance issues. Therefore, a systematic review is needed to inform the development of research in compliance with information security policies. This literature review aims to find the challenges and explore the current state-of-the-art of information security policy compliance. We identified 305 research papers published on topics of information security policy compliance between 2014 and 2019 and extract 53 documents from discussing with inclusion and exclusion criteria. This literature review found there is a lack of study about an evaluation of information security policy compliance using specific metric and need to enhance the model of information security policy compliance with organizational theories.

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## 1. Introduction

Information security policy is a document to ensure information asset and secure technology information with a specific procedure to support the organization objectives [1]. Information security policy ensures information asset

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and information technology secure with a specific procedure to support an organization aim and goal. an important issue is management support during implementation of information security policies. When support is obtained, another challenge faced is ensuring that policies are truly able to improve security [2]. Management will be compared to technical products; efficiency of value policies is more difficult to achieve. This is always easier for technical products, because they can often debate efficiency based on statistics. Though organization implemented securities policy still founded employee ignored rule and unexpected behavior. Without compliance, policies are only on the paper on which they are printed or the bits in which they are stored. Compliance with policies aims to ensure the application of organizational security standards [3]. Previous researchers have investigated to formulate the model of user compliance with information security policies. Bulgurcu (2010) investigates rationality-based factors that encourage an employee to comply with ISP requirements concerning protecting information resources and organizational technology and argue that employee attitudes are influencing by compliance benefits, compliance costs, and non-compliance costs, which are beliefs about valuation as consequences of compliance or non-compliance[4] . Users did not realize the importance of compliance with security policy until incidents occur and organizations get impact must incur extra costs due to non-compliance behaviour. Phamz (2015) explores the literature to find out the relevance of user motivation, regulation and user orientation towards information security compliance [5]. Various research has been done to learn about compliance with information security, the majority of research is conducted to find out what factors influence user compliance behavior. There is clearly an insufficiency approach and lack of solutions to improve user compliance behavior with information security policies. There is more information still can be explored to increase understanding of compliance and enhance user compliance with information security policy. Therefore, necessary to conduct a systematic literature review to find trend and challenges from previous research. An effective systematic Literature review requires specific research questions to keep focused. Therefore, this literature review identifies the most significant journal in information security compliance field and found trends and challenges in information security compliance, this paper is structured: section 2 presents the research method used to produce a literature review systematically and discusses the strategies used to look for primary studies and study selection criteria. Section 3 presents the data extracted from the review data that has been carried out in the form of statistics. Section 4 presents an analysis of findings and directives for future research. Finally, Section 5 presents conclusions.

## 2. Methodology

The literature review procedure used in this study is a systematic literature review. A systematic literature review is a systematic, explicit and comprehensive process to identify, evaluate and synthesise from results of works produced by researchers, scholars and practitioners. The literature review process has four stages before writing a review; planning, selection, extraction, and execution [6]. The planning stage is the first stage that will define the purpose of the literature review and protocol that will be carried out to get the literature by the research questions. Then the literature search is done using the keywords and applied to the digital library. It explains the quality of the search results to guarantee the results found before it carries data extraction out. It conducted quantitative and qualitative analyses to analyse the findings and conclusions displayed because of the review. An effective systematic Literature review requires specific research questions to keep focused. Research questions for this literature review explained in Table 1.

Table 1. Research question for the literature review.

ID	Research Question	Aim
RQ 1	Which journal is the most significant journal published information security compliance topic	Identify the most significant journals in information security compliance field
RQ 2	What kinds of trends and challenges in information security compliance field select?	Identify trends and challenges in information security compliance
RQ 3	What kind of theories are used in information security policies compliance?	Identify the trends of theories used in information security policies compliance model

The strategy of literature searching has a significant function in extracting information in the review paper. The stages in the search process consist of determining the database, defining keywords and terms to be searched for, determining search strings, and executing keyword [7]. The database used in this study is chosen based on the amount of data and the field of study. List of digital databases used in the search process are: Scopus ([www.scopus.com](http://www.scopus.com)), Web of science (<http://apps.webofknowledge.com>), ProQuest ([www.proquest.com](http://www.proquest.com)), Springer Link (<https://link.springer.com>), Jstor ([www.jstor.org](http://www.jstor.org)), IEEE explore ([ieeexplore.ieee.org](http://ieeexplore.ieee.org)), ScienceDirect ([sciencedirect.com](http://sciencedirect.com)), Emerald insight (<https://www.emeraldinsight.com>), AIS library (<https://aisel.aisnet.org>). Searching progress using the strings and combination of keywords include: Information security policy/policies, Compliance/ compliant /Comply/ non-comply, Conformance/ adherence/ obedience, Human security behavior, Organization factors, Evaluation / measure / assessment Searching on databases limited by title, keyword, year, type of publication, and abstract. Searches are limited to publications from 2014 to 2018. The publications used are sourced from the journal article, thesis, and book section and conference proceedings and written in English. After the searching phase, the next phase selected to answer the literature review research question. Criteria for selecting the paper determine and applied in the inclusion and exclusion criteria. Paper selection criteria needed to be written explicit because it is helping researchers in deciding and keep on the track during the search process — inclusion and exclusion criteria described in Table 2.

Table 2. Table criteria inclusion and exclusion.

Inclusion criteria	written in English
	time publication at 2014 to 2018
	study discussion about human behavior in information security policies and about organization compliance in area information security, information technology, and management information system
	if similar paper found at a conference and journal, only from the journal will be included
Exclusion criteria	studies without validation and experimental result
	studies from organization report, opinion papers, and editorial
	studies circumstantial about organization culture, compliance and behavior psychology

This research using Mendeley's reference management software (<http://mendeley.com>) to save search results and gather article. For detailed search process, this study adopts selection process based on PRISMA guidelines. PRISMA is a set of minimum evidence-based items for reporting in systematic reviews and meta-analyses [8]. PRISMA is one method that can be used to report systematic reviews from further research. To simplify create search process, PRISMA provides a generator flow diagram tool (<http://prisma.thetacollaborative.ca>). The results of the flow diagram from the search process of the article in this study can be seen in Fig. 1.

The article selection process produced 59 articles, which were the primary studies in this study. The criteria used besides those described in the inclusion and exclusion criteria also use quality studies, duplication of several databases used. Also, relevance with the research question and the similarity of studies include to a full-text screening process. Finally, there are found main article will be discussed in this research. The next stage is to extract the data generated from the selection process using file extraction/data encoding standard. The main articles will be extracted to collect data that will contribute to answering the research questions in this review. For each of the 59 main studies selected, only use 52 paper for subsequent analysis, six papers eliminated because of a review paper and one of paper is patent paper. Only research paper with empirical data will be used and the data extraction form has completed. The data extraction form is designed to collect data from the primary studies needed to answer research questions — this research using NVIVO qualitative software to analysis data at systematic literature review [9]. Next process is creating a concept map for support coding process and analysis, from Concept maps can create nodes to explore and describe pattern data. The concept map begins with topic research on information security policy compliance, then nodes are determined according to the purpose of the research question. Therefore, it is necessary to create a node about the problem, objectives, methods, theories used, and discussion from the literature review.



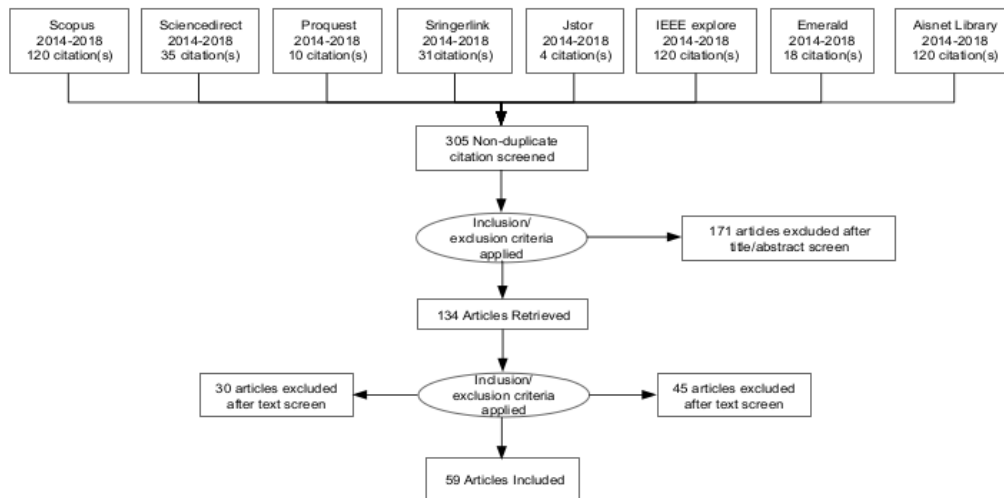


Fig. 1. Flow diagram of article selection.

### 3. Result and finding

The last stage of the systematic literature review is quantitative and qualitative finding analysis. Findings from the literature review will answer the literature review research question. The results of the literature review on information security policy compliance found 59 articles consisting of 35 journal articles, 22 conference proceeding articles, one book section and one thesis. Compliance with information security policies has become the attention of researchers in the past five years. Therefore, the number of researches at this domain slightly increase during the 2014 – 2018 years. Moreover, there are two paper will be published for forthcoming 2019. This research topic leading with a quantitative approach, of which 59 articles founded, 64% were quantitative, 26% qualitative and 10% used mixed methods. Information and computer security journal is the most significant published journal information security compliance topic. Furthermore, reputable journals such as computer and security, information and management, information system journal, and soft computing journal published some article about this topic and another article published at the annual conference. Based on RQ 1 of a systematic literature review, information and computer security journal is the most important published journal information security compliance topic. For five years, researcher objective is finding influencing factors employee comply with information security policy, behaviour intention and measure compliance. The previous study majority study about human behaviour to find factors that influence employees to comply with information security policies. People are often the weakest connection, through cooperation and coordination, they can also be a source of high strength in developing defences that effective and efficient [10]. Fig. 2 describes the trend of a research objective from 2014 to 2019.

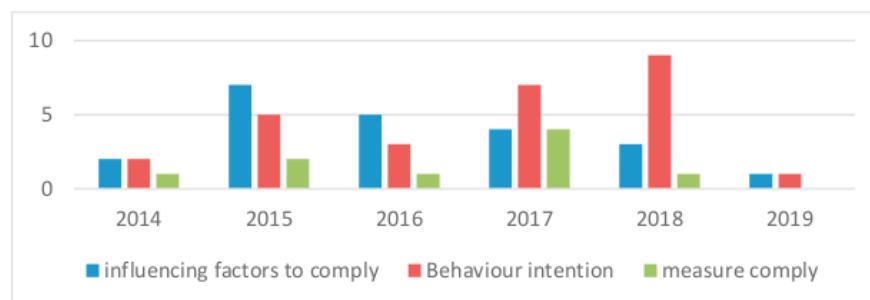


Fig. 2. Research objective trend.

The implementation of an information security policy can be unsuccessful if users do not meet the security requirements. Individual factors (direct or indirect) can impact to behaviour intention to comply with security policies and their overall security behaviour [11]. Therefore, much research conducted to determine the influencing factors of compliance with information security policies and user behaviour intentions to adhere to policies continuously. Research on human behaviour in compliance with information security policies examines factors that cause users to comply with the policies implemented. The results of the literature review, as many as 47% of studies found human factors that influence user behaviour intentions to comply with information security and 38% conducted empirical tests of human behaviour factors that affect compliance with information security policies while only 15% of researchers measure user behaviour. However, there is still a lack of researchers to evaluate compliance with information security policies. This finding answer RQ 2 to identify the trends and challenges in information security compliance. Table 3 describes summary research object from previous research.

Table 3. Research objective from previous study.

Research objective	Author
Behaviour intention	[12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35]
Influencing human factors to comply	[19, 24, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55]
Evaluation and measurement information security policy compliance	[41, 56, 57, 58, 59, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61]

Measurement of compliance with information security policies cannot use international standards such as ISO 27001 because information security policies developed by organisations differ according to organisational characteristics [62]. IS security research has historically concentrated on evaluating the effects of phenomena on behavioral intentions rather than actual behavior. Merrit (2016) believes that there is a gap between behavioral intentions and actual behavior - especially about compliance with information security policies because many found in previous studies see compliance motivation that will have an impact on behavioral intentions [20]. There are several published studies about human behaviour in information security. This literature review finding 29 theories about human behaviour and 13 organisational theories has been used at information security compliance research. The finding answer RQ 3 to theories are used in information security policies compliance. The theory that widely used is the theory of planned behaviour (TPB). This theory is the fundamental theory of the study of human behaviour. TPB predicts intention-behaviour based on personal attitudes (state of mind), social pressure from others (subjective norms), and a sense of control (perceived behavioural control) [63]. However, behavioural intentions can become active only if the behaviour is in the under volitional control and norms. Abed (2016) state user intention causes to comply with the policy or to refuse [12]. Research use other theories to explore significant human factors to protect information. The next theory commonly used is General Deterrence Theory (GDT). The general deterrence theory used by researchers because it assumes that evaluate preventive behaviour will eliminate information security threats and reduce the risk. The theory of protection motivation theory is considered capable of knowing human behaviour to maintain information security. PMT was first formulated as a comparative theory of fear before it was expanded to a more general theory of persuasive communication [64, 65]. This theory argues that two cognitive processes can determine individual intentions to perform protective behaviour, that is, their protective motivation. The study by moody (2018) offers probably the most comprehensive empirical analysis of a model of information security policy compliance with eleven theories [41]. Although using complex theories, Moody's research still does not have a cultural element, so further research may be needed to be able to theorise and examine cultural differences.

#### 4. Discussion

A systematic literature review is a review method that can be used to find and synthesise previous studies. This

method is better than the traditional method because the search process and the process of getting the analysis are structured. The results of the literature review study showed that the amount of research in the field of information security compliance policies is growing. Implementation of Information security policy need will be more successful if the user can full the requirement. From an analysis of the literature review can be found two research GAPs.

1. There is a lack of study about evaluating information security policies compliance.

Internal employee behaviour produces security behaviour that needs to observe and monitored by the organisation to ensure compliance with the applied policy. Periodic and random evaluations must be conducted to ensure compliance. For examples are assessments security awareness and training programs with metrics and produce a percentage of system users who receive basic awareness training, the rate of security personnel in information systems that get security education, and the rate of users with passwords that align with security strategies[66]. Security policies must continue to be reviewed and updated regularly by considering changes in circumstances, environment, changing needs in the business context and identified risk. Organizations that develop information security policies based on the needs and types of organizations do not correctly use existing rules on standards or best practices to evaluate their information security policies. This evaluation will cause low ratings because they ignore standards or best practices when developing an information security policy. In the university's context, evaluating compliance with policies will help the organisation know the level of compliance with information technology users. So that, the level of information security threats that come from the behaviour of users who do not care will decrease.

2. Need improvement information security policies compliance model with organisation theories.

Information security behaviour has the opportunity to combine people, technology and organisations. Understanding individual behaviour will enhance positive behaviour while reducing harmful behaviour. Understanding human behaviour will be able to improve adherence to policies by knowing the motivation, modification and prevention [67] and continue investigating can enhance user compliance [12]. Thus, it is necessary to study another factor that affects employee to comply with information security policies. Its support with the significant impact of the organisational variable on the increased effectiveness during implementing information security management [68]. Research on this subject has been mostly restricted to limited comparisons of theory about human behaviour. Therefore, it is necessary to consider human factors and organizational factors to evaluate compliance with information security policies [69,70].

## 5. Conclusion

This paper found Research GAP from the previous study. First, research on compliance with information security in the majority uses human behavior theory; it needs further study of other factors that can influence compliance with organizational theory. Second, lack of study to evaluate compliance with information security policy. Further research needs to be developed instruments that can be used to measure compliance with information security policies. Therefore, necessary to develop a model from organizational theory and human behavior theory to measure compliance. This model expected can be applied by organizations to improve user compliance and to know the effectiveness of information security policies

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